

Tomato Stews

Goat stew	59 GHC
Cowleg	43 GHC
Chicken stew	45 GHC
Beef stew	59 GHC
Egg stew	30 GHC
Fish & Veg Stew	49 GHC
Mixed Veg Stew	30 GHC
Garden egg stew	37 GHC

Continental Style Sauce

Beef sauce	55 GHC
Chicken Sauce	45 GHC
Pork Sauce	52 GHC
Mixed Veg Sauce	30 GHC

Charcoal Grilled

Grilled Chicken	42 GHC
Grilled Pork	50 GHC
Grilled Red-fish	49 GHC

Grilled Tilapia

Grilled Tilapia Only	50 GHC
Tilapia & plain Rice	65 GHC
Banku & Tilapia	62 GHC
Yam Chips & Tilapia	65 GHC
Tilapia & Potato Chips	65 GHC
Tilapia & Red-red	70 GHC

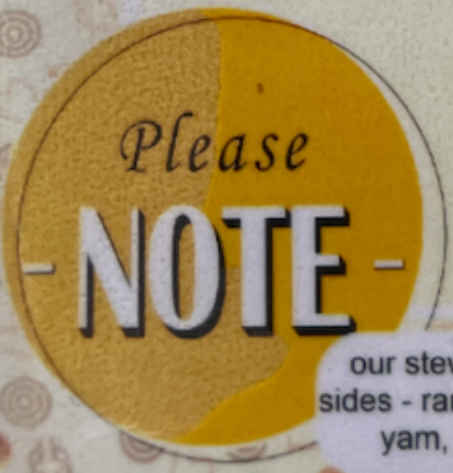
Salads

House Salad (mixed veg salad)	25 GHC
Ghana Salad (mixed salad with corned beef/chicken)	34 GHC
Tuna Salad	33 GHC
Chicken Salad	36 GHC

All salads come with salad dressing and toasted bread.

Sandwiches

Club Sandwich	38 GHC
Tuna Sandwich	35 GHC



our stews, sauces and grills come with a selection of sides - ranging from fried rice, plain rice, jollof rice, boiled yam, potato chips, Yam Chips or boiled plantain.

Fufu & Protein Options

Steamed Chicken	28 GHC
Steamed Goat	22 GHC
Red Fish (steamed/Fried)	28 GHC
Tuna	16 GHC
Salmon (mackerel)	16 GHC
Beef (steamed/Fried)	22 GHC
Cow leg (1 portion)	16 GHC
Intestine	8 GHC
Dry fish	28 GHC
Wele	8 GHC
Crab	8GHC
Snail (1 portion)	35 GHC
Akrantie (1 portion)	40 GHC
Tilapia (Steamed/Grilled)	50 GHC
Fufu/Banku/Omo Tuo/TZ/Kokonte/plantain fufu (1 ball)	6 GHC

Choose above then, select from our soups, at no additional cost.

Light soup(s) - Chicken/Goat/driedfish/stamed fish/Akrantie

Groundnut soup, Okro soup

Palmnut soup, Green Green

Wre-Wre (wednesdays only)

Omo Tuo (sundays only)

Please

NOTE

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Red - Red

Red-red & chicken	49 GHC
Red-red & red-fish	49 GHC
Red-red & Beef	60 GHC
Red-red & Goat	62 GHC
Red-red only	23 GHC

Palava Sauce

Palava sauce (with goat or beef)	59 GHC
Palava sauce (with slamon or Tuna)	37 GHC
Palava sauce (with chicken, red fish)	49 GHC

Special Fried Rice

also available with JOLLOF	47 GHC
chicken fried rice	52 GHC
Beef fried rice	59 GHC
Goat fried rice	60 GHC
Assorted fried rice (beef chicken and goat)	65 GHC

Light Bites

Hot & Spicy wings	33 GHC
Hot & spicy Goat	47 GHC
Hot & spicy Beef	47 GHC
Hot & spicy Gizzard	28 GHC
Spring Rolls/Samosa	20 GHC
Special Wings (Sweet chilli, BBQ, Mango habenaro)	33 GHC

Sides

1/4 grilled chicken	28 GHC
crispy crispy chicken (fried)	28 GHC
Grilled Red fish w/ Veg	33 GHC
Deep fried red fish	28 GHC
Pork fried/grilled	45 GHC
boiled egg	4 GHC
potato chips	15 GHC
yam chips	15 GHC
fried plantain	15 GHC
kelewele	15 GHC
Fried Goat	22 GHC
Fried Beef	22 GHC
Tilapia (grilled/steamed)	50 GHC

Please
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our stews, sauces and grills come with a selection of sides - ranging from fried rice, plain rice, jollof rice, boiled yam, boiled plantain.

Daily Specials

FRIDAY **Koobi Nkwan & Fufu** 45 GHC
A traditional "village soup" served with Koobi, wele and smoked salmon

Corned Beef Stew 35 GHC
A classic home favourite, corned beef incorporated into a delightful tomato based sauce, served with your choice of plain rice, boiled yam and/or boiled plantain.

SATURDAY **Waakye** goat - 55
A street food and party food classic, rice and beans r/fish - 49
coloured with waakye leaf (sorghum) served with chicken - 49
tomato stws, boiled egg, spaghetti, shito pepper and gari.
served with your choice of protein or as is.

SUNDAY **Omo Tuo**
Rice balls & beans in a delicious rich palmtree and groundnut blend. further enhanced with local traditional herbs to faithfully recreate the home cooked taste we are famous for.

Tuo Zafi
Hailing from the Northern Region in Ghana a wonderfully vibrant yet light soup with a unique consistency, complimented with lashings of tomato based liver stew. served with "TZ" balls.

Kokonte
Made from dried casava creating a more rustic style "fufu" served with your choice of soup and protein option/s

Prices will vary depending upon your protein options and selections

Please consult the "Protiens & Fufu" sections of the menu.

Please
NOTE

Whilst we do our best to remove fishbones from Most item options (this is not possible with certain items), we cannot guarantee that ANY meal has no fish bones inside.

Please be aware and also supervise your children whilst they are eating.

Daily Specials

MONDAY	Estew Fante-Fante Fante Kenkey wrapped in leaves served with a vibrant, fried red fish and tomato based stew	35 GHC
TUESDAY	Abomu Ampesie Ground Kontomire, ginger and fish, producing a wonderful aromatic, home cooking favorite, served with a choice of boiled plantain and/or boiled yam, garnished with avocado pear and boiled egg. <u>Choose between Koobi, Red-fish, Fried goat.</u>	Koobi - 45 R/fish -49 Goat - 55
WEDNESDAY	Apapransa Made from blending roasted corn and palmnut soup together, resulting in a rich textured meal, with the flavor to match, served with steamed crab and avocado pear.	35 GHC
	Mpoto-Mpoto Often described as "Coco yam porridge" a silky smooth dish made with cocoyam, broken salmon and palmnut oil.	38 GHC
	Wre-Wre A delectable lighter soup made with ground melon seeds, served with cowtail, roasted beef and salmon	48 GHC
THURSDAY	Pig feet light soup & Cocoyam Fufu Considered a delicacy, cooked to perfection and served with dried fish, creating an authentic home-cooking favourite.	48 GHC

we observe strict controls when preparing and serving our pork dishes. we use different pans, utensils and ladles to serve our pork dishes to

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Bottles & Beers (alcoholic)

Star Large	
Star Mini	14 GHC
Gulder	12 GHC
ABC Beer	14 GHC
Club Lager (large)	11 GHC
Club Mini	14 GHC
Bubra (Club Draught)	12 GHC
Guinness	14 GHC
Guinness Smooth	12 GHC
Heineken	12 GHC
Hunters Mini	16 GHC
Orijin Large	16 GHC
Origin Mini	14 GHC
Orijin Zero (non alcoholic)	12 GHC
Savanna Dry	10 GHC
Shandy (club)	16 GHC
Smirnoff Ice (selections)	12 GHC
Palm Wine	16 GHC

Soft Drinks

Minerals	7 GHC
Alvaro	10 GHC
Fruit Juice large	16 GHC
Fruit juice small	12 GHC

Koshka Ginger (hot)	13 GHC
Koshka Sobolo	13 GHC
Freshly Squeezed Juice	12 GHC
Malt Guinness	10 GHC
Moringa (smoothie)	15 GHC
Minerals (plastic bottle)	9 GHC
Real Vine Fruit Juice	16 GHC
Red Bull	16 GHC
Tigernut Drink	10 GHC
Water Large	10 GHC
Water Small	5 GHC

Wines

Tall Horse	90 GHC
4th Street	70 GHC
Fat barrel	70 GHC
Nederburge	120 GHC
Sparkling Wine	60 GHC
sparkling wine (non alcoholic)	50 GHC

Please
NOTE

ALL OUR SHORTS ARE SOLD IN 50ml SERVINGS.
25ml SERVINGS ARE AVAILABLE UPON REQUEST.

Brandies 50ml

Casmus VSOP	58 GHC
Courvoisier VS	48 GHC
Courvoisier VSOP	58 GHC
Hennessy VS	52 GHC
Hennessy VSOP	62 GHC
Martel	62 GHC
Napoleon	15 GHC
Remy Martin VSOP	62 GHC

Vodka/Tequila/Rum 50ml

Absolut Vodka	26 GHC
Amarula	26 GHC
Bacardi Superiro	26 GHC
Ciroc	26 GHC
Grey Goose	26 GHC

Whiskies & Whiskeys 50ml

Black Label (Johnnie Walker)	34 GHC
Ballentine	22 GHC
Black and White	22 GHC
Chivas Regal	44 GHC
J&B Whisky	22 GHC
Jack Daniels	42 GHC
Jack Daniels (gentlemans)	42 GHC
Jameson	26 GHC
Red Label (Johnnie Walker)	32 GHC